



Enchanted Thymes

MARCH 2010

VOLUME 3, NUMBER 8

Events Calendar

COMPASS™ Scans
available in **Loving**
and Carlsbad. Call
(575) 745-1673 to
schedule your
appointment.

Healthy Habits Herbal
Hour, **Saturday**,
August 8th @ 9:00
am at **Enchanted**
Herb Pantry, LLC.

NSP National
Convention in Las
Vegas, NV, **August**
24–28, 2009.

FEEL BETTER Than
You Thought
Possible - Schedule
your **COMPASS™**
Scan today!

Say **NO** to Drugs! Say **YES** to Herbs!

Anyone who watches TV is familiar with the many ads for drugs which promise to relieve one's ills (coupled with a long list of side effects). All those possible side effects should make us wonder, "Is there a better way?" Our answer is, "Yes, there is! Just say no to drugs and yes to herbs!" We hear a lot of criticisms of herbal medicine, the most common being – herbs are unproven, their safety is unknown, you can't depend on their quality. But these criticisms are largely without merit.

For starters, half of the drugs introduced in the past 20 years have been withdrawn from the marketplace within 10 years because of dangerous side effects. (We also see those commercials on TV from lawyers advertising to people who may have taken drugs proven to be harmful.) In fact, illness caused by the use of approved drugs is the sixth leading cause of death in the US. (These facts alone should get people thinking about saying "No" to prescription and over-the-counter drugs.)

Contrast this with herbs, which have been used safely for hundreds and even thousands of years. This means that most herbal remedies have been proven both safe and effective over and over again, generation after generation. And, there are companies that you can rely on to get products of consistently high quality.

Learn how to change your medicine chest to herbs at this month's Healthy Habits class on **Saturday, August 8th at 9:00 a.m.** Cost: \$15/person. Bring a friend and save \$10 (\$10/ea). Class includes: one-hour class with handouts. Register early as space is limited, email enchantedherbpantry@yahoo.com or call (575) 745-1673.

EHP Monthly Specials

It Works! – I think you're incredible just as you are but, who doesn't want to tone, tighten, firm or lift a body part or two? Enchanted Herb Pantry, LLC now offers the **Ultimate Body Applicator**. It's fast. It's effective. It's mess-free and comes with an affordable price tag. The **Ultimate Applicator** allows you to pick where you want to lose and literally shrinks your trouble spots in an easy, one-step application. See results in just 45 minutes! The **Ultimate Applicator** does not contain any mineral oil, lanolin, propylene glycol, isopropyl alcohol, artificial colorants, synthetic fragrances or animal by-products. The **Ultimate Applicator** contains a safe preservative system approved in Japan, Europe and the United States. The **Ultimate Applicator** is not tested on animals! For more information, attend this month's Herbal.

Schedule your Wrap Session today! - Only \$25/wrap**

****Contact me to find out how you can save over 50% on your wraps!**

BACK TO SCHOOL SPECIAL – SILVER SHIELD GEL – SAVE 10%

Silver Shield Gel has been shown to be an effective cleaning agent that also moisturizes the skin. This clear gel promotes natural hydration and moisturizing. Silver Shield Gel is completely non-toxic, safe and fantastic; there is no risk of heavy metal contamination from using this product. Used as a hand sanitizer Silver Shield Gel provides 4 hour protection.

[Protect your child with the best - add Silver Shield Gel to your child's backpack.](#)

*Sale prices valid for in-stock items only during advertised month. Sale prices/free product not valid on services or website orders unless otherwise stated.

All prices subject to change without notice.*

Tired of Feeling Tired?

Re-energize your body with an Energy Foot Spa session. Appointments are available Monday through Saturday at Enchanted Herb Pantry in Loving and Carlsbad. Call (575) 745-1673 to schedule your Energy Foot Spa session. Refer a friend, receive \$5 off.

Important Notice: This information is for educational purposes only and should not be used to diagnose and treat diseases. If you have a health problem, we recommend you consult a competent health practitioner before embarking on any course of treatment.

Product Tips

Tei Fu has many uses, recently I used it to help relieve a complete stranger of her irritating cough. Here are some simple suggestions:

- Apply 1 drop Tei Fu Essential Oil to the back of the hand and lick it off
- Add 2 drops Tei Fu Essential Oil to 6-8 ounces of pure water and sip within five minutes
- Apply a pea-size amount of Tei Fu Massage Lotion to the neck and chest area
- Apply a small pea-size amount of Tei Fu Massage Lotion to the bottom of the foot, particularly below the toes

****Do NOT get Tei Fu in sensitive areas, as it may cause discomfort****

Products are available from **NSP**.

Frontier Naturals Coop products now available!

Stock your cabinets with *organic, non-irradiated* spices, teas, natural skin care items, health accessories and much, much more! Simply visit www.frontiercoop.com to view the wonderful products they carry. Then **send me an email with your order. Orders are due the 25th of each month.** Orders are wholesale cost + 25% (you save 25% or more). Select products are available at Enchanted Herb Pantry, LLC. ****NOTE: This month's order deadline is August 8th.**

Are You Connected?

Be more informed with information via email, i.e., specials, upcoming events, important product information, etc. If you would like to be "in the know" and receive these emails, send me an email with "Add me to your email list" in the subject line.

FREE Sunshine Sharing subscriptions are available to active Enchanted Herb Pantry clients. Don't miss out on this valuable information. Annual subscriptions may be purchased for \$15. Please mail payment to: Enchanted Herb Pantry, LLC, Attention: Sunshine Sharing, 97 W Ogden Rd, Loving, NM 88256. Monthly *Enchanted Thymes* issues are available FREE via email. Current and past issues can also be viewed on my website.

Coming Next Month

October is Breast Cancer Awareness Month – Besides discussing breast cancer prevention, we will also talk about how to prevent and treat breast cysts naturally. Tips for breast feeding, mastitis and other breast problems will also be covered. Take some time to care for your health by attending next month's Healthy Habit's Class and learning the natural secrets to healthy breasts. Learn how to change your medicine chest to herbs by joining us at next month's Healthy Habits class.

Enchanted Herb Pantry, LLC

Jackie Stevens, CNHC

97 W Ogden Road, Loving, NM

575-745-1673

www.enchantedherbpantry.com

Email: enchantedherbpantry@yahoo.com

Office Hours: Monday - Friday, 9-6, Saturday, 9-Noon

Enchanted Times is an independent educational publication and receives no financial support from any herb or health product manufacturer. Your comments, questions and personal experiences are welcome. Send them to Enchanted Herb Pantry, LLC, 97 W Ogden Rd., Loving, NM 88256 or enchantedherbpantry@yahoo.com. If you wish to be removed from this email list just send a blank email with "unsubscribe me" in the subject box.